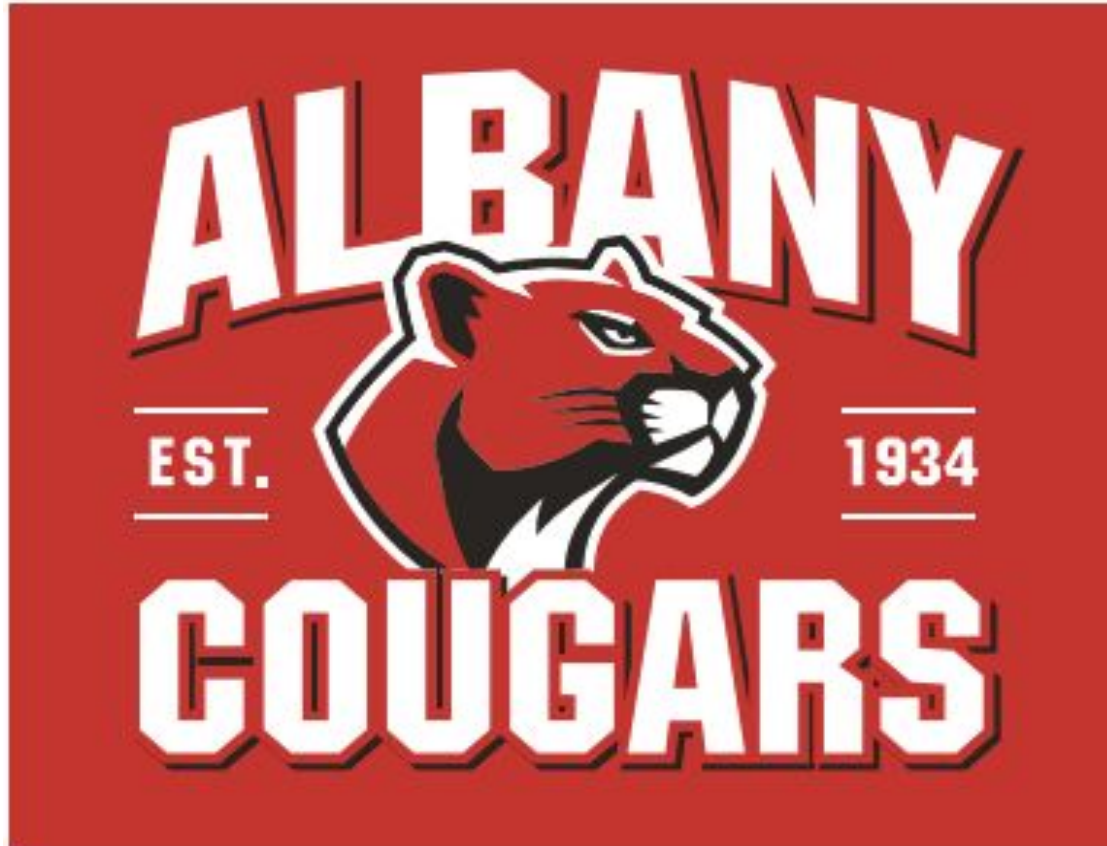


The Albany High Counselors Present...
An Introduction to Albany High School

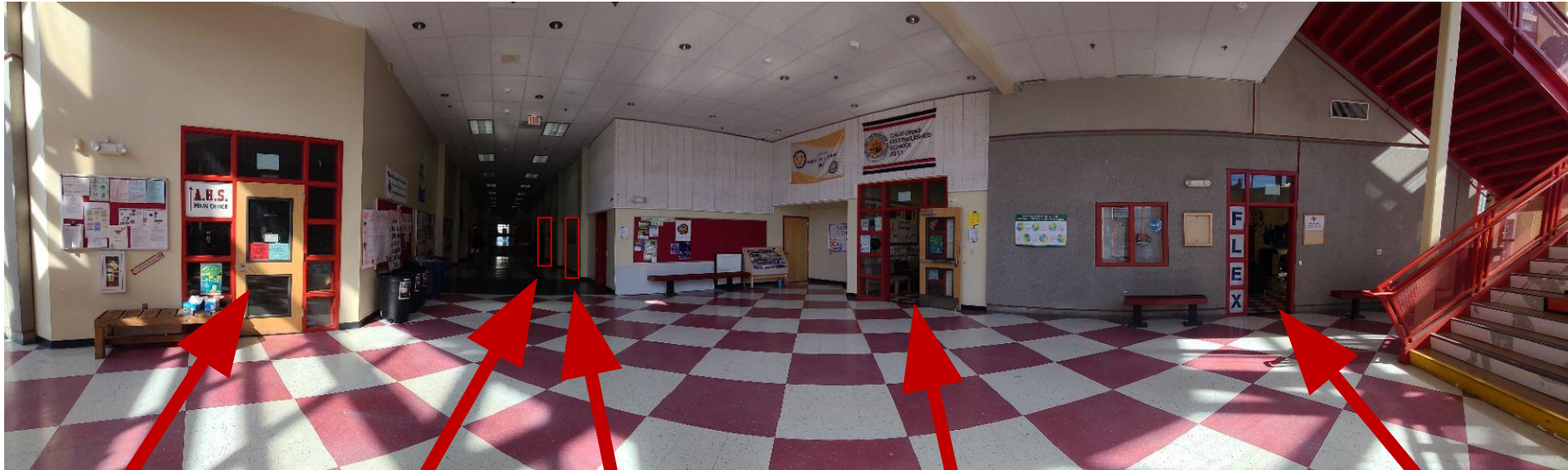


Presentation Overview

- Welcome and orientation to AHS
- School culture and activities
- Scheduling for rising 9th graders

Welcome to Albany High!

Places to know: our offices!



Main Office:
visitor check in,
teacher
mailboxes,
principal's office

Bookroom:
textbooks &
materials, club
charter and
finance, student
IDs

**Attendance
Office:**
tardy passes,
student sign-out,
asst. principals'
offices

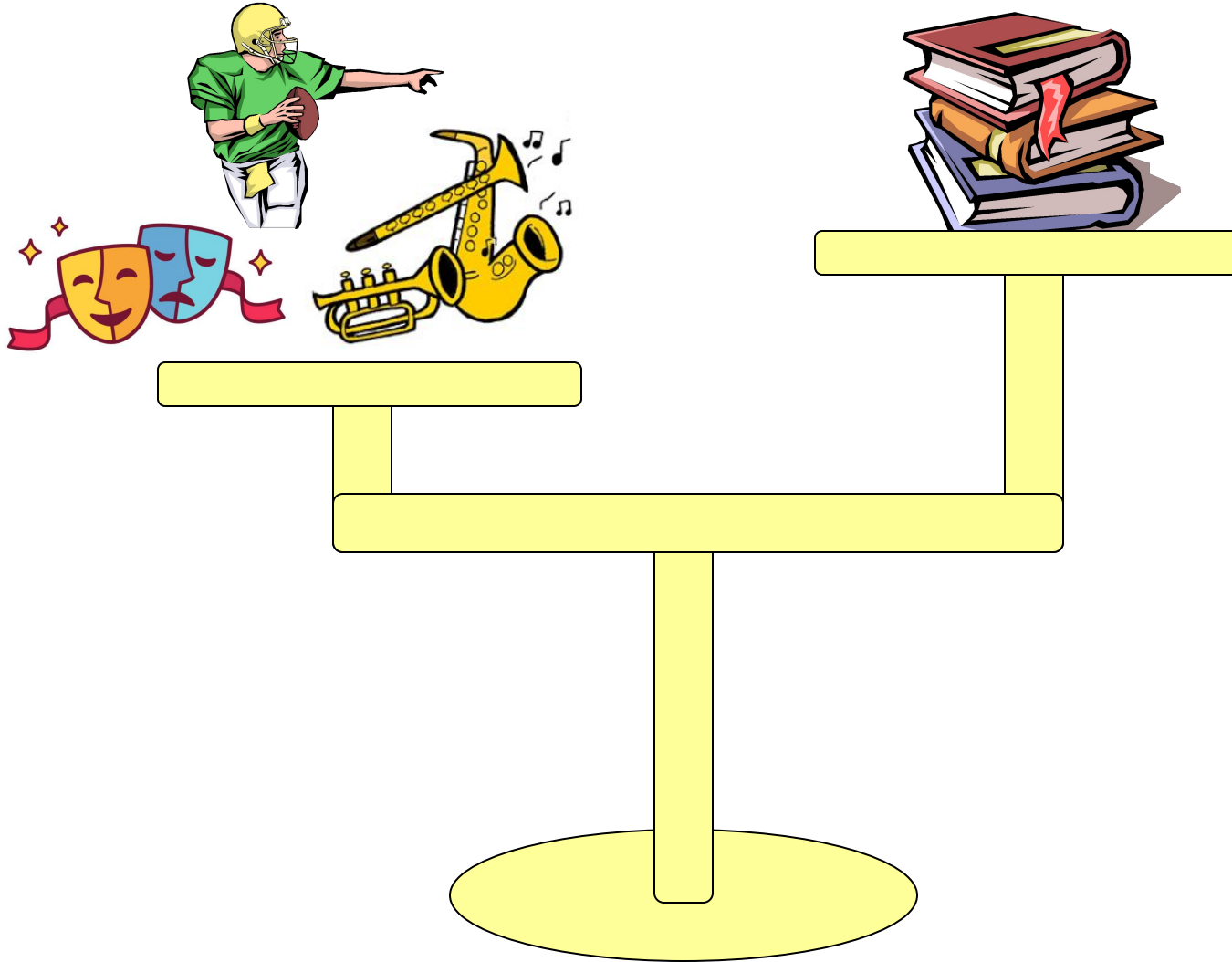
**Counseling
Office:**
academic,
social/emotional,
college/career
services

Flex Office:
intervention and
support, school
nurse

AHS Block Schedule

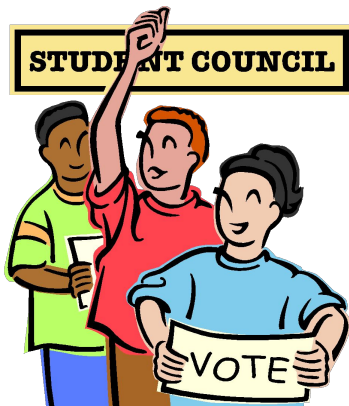
Monday 50 minute periods	Block A (Tue/Thu) 95 minute periods	Block B (Wed/Fri) 95 minute periods
1st Period 8:30 - 9:20	1st Period 8:30 - 10:05	2nd Period 8:30 - 10:05
2nd Period 9:25 - 10:15	Break	Advisory/Academy 10:10 - 10:50
Break	3rd Period 10:20 - 11:55	Break
3rd Period 10:30 - 11:20	Lunch 11:55 - 12:40	4th Period 11:05 - 12:40
4th Period 11:25 - 12:15	5th Period 12:45 - 2:20	Lunch 12:40 - 1:25
Lunch 12:15 - 1:00	6th Period 1:30 - 3:05	
5th Period 1:05 - 1:55	7th Period 2:25 - 4:00	
6th Period 2:00 - 2:50		
Break		
7th Period 3:00 - 3:50		

Balance Activities & Academics



Get Involved!

- Clubs (Club Rush)
- Performing Arts
- Specialized Skills
- Athletics
- Youth Groups
- Volunteer Work
- Employment
- Student Govt.



Athletics

FALL

Football

Girls Volleyball

Cross Country

Girls Tennis

Girls Golf

Girls Water Polo

WINTER

Basketball

Soccer

Wrestling



SPRING

Baseball

Softball

Track & Field

Swimming

Boys Golf

Boys Tennis

Boys Volleyball



9th Grade Athletic Eligibility

All athletes must have:

1. 2.0 grade point average (C) during the last semester of 8th grade

2. Medical clearance form on file

www.goalbanyathletics.org

3. All student-athletes must register and be cleared through www.familyid.com prior to participation.

Note: Athlete CANNOT step on the field until cleared by the athletic office

Support Services

- **Teachers** - first point of contact for concerns in a specific class
- **School Counselors** for personal, medical, or academic needs
- **Mental Health Counselors** for ongoing support
- **Assistant Principals:** discipline, attendance, student activities

Academic Support

- Tutoring: Math/Spanish hour
- Teacher contact
- Advisory Period
- Aeries



Communication

- **Parent Square** for daily and special updates, counseling newsletter, etc
- **School website** for bell schedule and events calendar, club list, resources and much more!
- **Student-centered**
 - Teachers often communicate directly with students and use Aeries and grade reports to report progress to families
 - Start working on self-advocacy now!

We love parent involvement!

- **PTSA - meets monthly**
- **Athletic Boosters, Arts groups**
- **Engagement Groups:** API-PEG, Disability Squad, Pride, BPAG, ELAC, Familias Latinas, Jewish Parent Engagement Group
- **Volunteering:** library, school-wide programs and planning, field trip chaperones

AHS Graduation Requirements

- **English:** 4 years
- **Math:** 2 years
- **Physical Ed.:** 2 years
- **Science:** 2 years
 - 1 year life
 - 1 year physical
- **Social Studies:** 3.5 years
 - Ethnic Studies
(1 semester - 9th)
 - World History (10th)
 - U.S. History (11th)
 - US Gov/Econ (12th)
- **Fine Arts:** 1 year
- **Applied Arts:** 1 year

Plus **electives*** to total 220 credits

1 year = 2 semesters = 10 credits

*Electives include all classes beyond subject area requirement (e.g. 3rd year of math)

Credit-based system

Graduation Status	
Subject Area	Credit Required
A - English	40.00
B - Math	20.00
C - Physical Education	20.00
D - Life Science	10.00
E - Physical Science	10.00
F - Social Studies	10.00
G - U.S. History	10.00
H - U.S. Government	5.00
I - Applied Arts	10.00
J - Fine Arts	10.00
K - Economics	5.00
L - Ethnic Studies	5.00
Z - Electives	65.00

Grading

- **Quarter grades are like progress reports - and gradebooks do not reset each quarter**
- **Semester system: only semester grades appear on transcripts**
- **Grade reports are accessed through Aeries (separate from ongoing Gradebooks)**

9th Grade Program

Required 9th Grade Classes

1. **English 1 or ELD**
2. **Math 1 or Accelerated 1/2 – 8th grade AMS teacher recommendation/assessment**
3. **Physical Education (PE 1)**
4. **Identity, Health and Society + Ethnic Studies - 1 semester each; may start with either class in fall and will look like 2 classes in course requests**

Students in our Special Education Program will work directly with case managers to create a schedule that accurately reflects the Individualized Education Plan (IEP). English Learners/ELD will be placed by teacher recommendation.

Typical 9th Grade Schedule

- 1st Period – English
 - 2nd Period – Math (8th grade teacher rec)
 - 3rd Period - Physical Education
 - 4th Period - Identity Health & Society/Ethnic Studies
 - 5th Period - Biology / Elective*
 - 6th Period – World Lang / Elective*
-
- 7th Period – Elective* (***Optional***)
- *(Fine Arts, Applied Arts, General Elective)

9th Grade Program

9th Grade Electives

SCIENCE

Biology

WORLD LANGUAGE

French / Spanish / Mandarin

FINE ART/APPLIED ART

Visual and Performing Arts, Computer Science,
Engineering & Design, Journalism

GENERAL ELECTIVE

Business Management, Homework Lab, Service, AVID

Questions?



AHS Course Catalog

<http://ahs.ausdk12.org>

Click Students > Choosing Classes > Course Catalog



ALBANY HIGH SCHOOL

ABOUT CONTACT NEWS STUDENTS COLLEGE/CAREER COMMITTEES STAFF SEARCH

ACADEMIC HONESTY
ATHLETICS
ATTENDANCE POLICY
CHOOSING CLASSES
CLUBS
CODE OF CONDUCT
COMMONLY-USED FORMS
COUNSELING DEPARTMENT
COURSE PAGES
DISCIPLINE
FLEX
LEADERSHIP
LIBRARY
MENTAL HEALTH
P.E. UNIFORMS
TECH SUPPORT
TUTORING
VALEDICTORIAN/ SALUTATORIAN
WORK PERMITS

Welcome to Albany High School

QUICK LINKS

DAILY BULLETIN BELL SCHEDULES CALENDARS SIGN IN TO G-S...

SIGN IN TO AERIES COLLEGE APPLICATIONS REPORT

Don't forget!
March 21-22 - Drop in AHS counselor help at lunch!
March 25 - Course selections are due in Aeries

Course Selection

Steps for Selecting Courses:

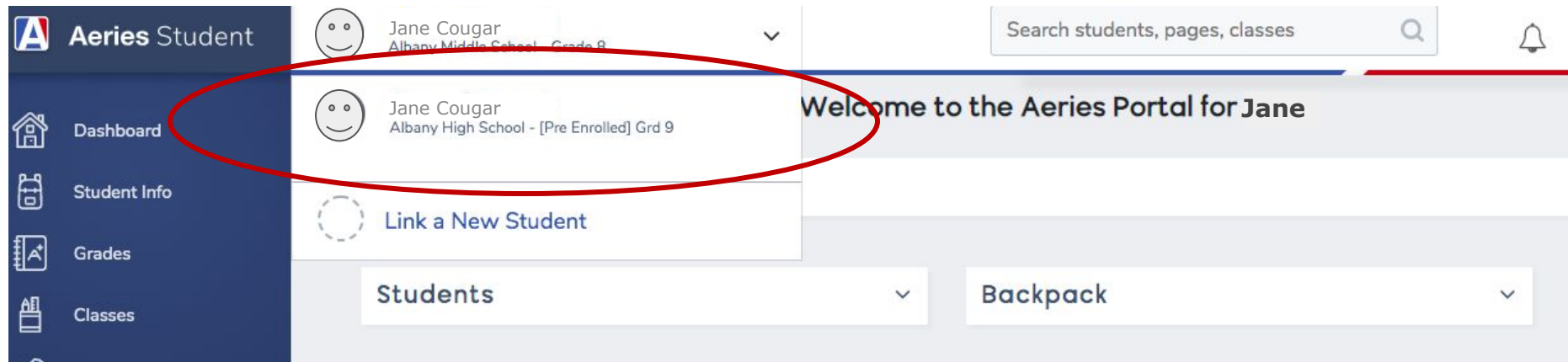
- **Review course catalog, select classes you are interested in**
- **Consider teacher recommendations from 8th grade (math, world language, ELD)**
- **Consider preference for 6 vs 7 class schedule (reminder: you can graduate with plenty of credits taking 6 classes each year!)**

Course Selection

- Students will use Aeries to choose classes. Course requests can only be made through the **student** portal
- All courses are year-long except Engineering & Design
- Alternate/2nd choices are required for all electives
- Schedule changes for compelling reasons may only be made during the first week of school
- Please refer to the course lists and instructions posted on the AHS website
- Course selections are due **Monday, March 25**

Course Selection Instructions

- Log into your student Aeries account
- Switch to your Pre-Enrolled Record in Aeries: hover over the student's name and click on the Pre-Enrolled record. It will say [Pre-Enrolled] Grd 9 next to your name



The screenshot displays the Aeries Student portal interface. On the left is a dark blue navigation sidebar with icons and labels for Dashboard, Student Info, Grades, and Classes. The main content area features a user profile section with a dropdown menu. The dropdown menu is open, showing two options: 'Jane Cougar Albany Middle School - Grade 9' and 'Jane Cougar Albany High School - [Pre Enrolled] Grd 9'. A red oval highlights the second option. Below the dropdown is a 'Link a New Student' button. At the top right, there is a search bar with the text 'Search students, pages, classes' and a search icon. Below the search bar, a welcome message reads 'Welcome to the Aeries Portal for Jane'. At the bottom of the main content area, there are two dropdown menus labeled 'Students' and 'Backpack'.



Course Selection Instructions

Go to Classes > **Course Requests Entry**

The screenshot displays the Aeries Student portal interface. On the left, a dark blue sidebar contains navigation links: '< Classes', 'Classes', 'Course Requests', 'Course Requests Entry' (highlighted with a red circle), and 'Academic Plan'. The top of the main content area features the Aeries Student logo, a user profile for Jane Cougar (Albany High School - Grade 9), and a search bar labeled 'Search students, page'. The main content area is titled 'Welcome to the Aeries Portal for Jane' and contains two expandable sections: 'Students' and 'Classes', both with upward-pointing arrows.



Course Selection Instructions

- Set Subject Area to **Show All Courses**
- Hit **Search** to display list (may be more than one page)
- Find classes alphabetically by name

All Course Requests must be approved by appropriate school personnel.

Scheduling for grade: 10

Course Requests

Primary Course Requests

Subject Area

Alternate Requests

English

Math

Physical Education

Life Science

Physical Science

Social Studies

U.S. History

U.S. Government

Applied Arts

Fine Arts

Economics

Electives

Alternate Course Requests

Priority Sort

You have no Alternate Course Requests

Name or Nbr:

Sbj Area: Show All Courses

Search

Remove Filter

<< Prev 1 2 Next >> Courses 1 through 54 of 65

Click A Course To Request or for Info

Accel Math 2-3 (30CP3A)	Eld 4 (10CP29)	Mandarin 3 (40CP32)
Adv Dance 2 (61CP21)	ELD Lab (100029)	Mandarin 4 (40CP33)
Advanced Art (60CP03)	English 2 (10CP02)	Math 2 (30CP31)
Advanced Guitar (61CP17)	Engineer&Desgn 1 (70CP07)	Math 2 Plus (30CP32)
Basic Guitar (61CP12)	Engineer&Desgn 2 (70CP08)	Math Int 2 (300002)
Biology (50CP02)	Ethnic Studies (20CP25)	P E -2 (800002)
Business Mgt (300013)	Found Art 2D (600003)	Physics (50CP08)
Cham Sings (61CP07)	Found Art: 3D (600011)	Psychology (20CP20)
Chemistry (50CP06)	French 1 (40CP08)	Rop Comgraphic Art (70ROP8)
Computer Sci (70CP01)	French 2 (40CP09)	Service (90SRVC)
Concert Choir (61CP03)	French 3 (40CP22)	Shelt Math 2 (00SHM2)
Culinary Arts (710003)	Homework Lab (90HW00)	Shelt Math 2+ (05HM2P)
Dance 1 (61CP14)	Jazz Band (610008)	Shelt Wrld His (20CP13)



Course Selection Instructions

- Available classes will show on the right; selected courses will move to the left column
- Be sure to select alternates for all elective courses

The screenshot displays a course selection interface. On the left, under 'Primary Course Requests', there is a list of subject areas. The 'Social Studies' subject area is highlighted, and the 'World History (20CP01)' course is selected. Below this, the 'Alternate Course Requests' section shows 'You have no Alternate Course Requests'. On the right, the 'Filter Courses' section includes search and filter options. Below that, a grid of course options is displayed, with a yellow box highlighting the grid area. The grid contains various elective courses such as 'Accel Math 2-3 (30CP3A)', 'Eld 4 (10CP29)', 'Mandarin 3 (40CP32)', 'Adv Dance 2 (61CP21)', 'ELD Lab (100029)', 'Mandarin 4 (40CP33)', 'Advanced Art (60CP03)', 'English 2 (10CP02)', 'Math 2 (30CP31)', 'Advanced Guitar (61CP17)', 'Engineer&Desgn 1 (70CP07)', 'Math 2 Plus (30CP32)', 'Basic Guitar (61CP12)', 'Engineer&Desgn 2 (70CP08)', 'Math Int 2 (300002)', 'Biology (50CP02)', 'Ethnic Studies (20CP25)', 'P E -2 (800002)', 'Business Mgt (300013)', 'Found Art 2D (600003)', 'Physics (50CP08)', 'Cham Sings (61CP07)', 'Found Art: 3D (600011)', 'Psychology (20CP20)', 'Chemistry (50CP06)', 'French 1 (40CP08)', 'Rop Comgraphic Art (70ROP8)', 'Computer Sci (70CP01)', 'French 2 (40CP09)', 'Service (90SRVC)', 'Concert Choir (61CP03)', 'French 3 (40CP22)', 'Shelt Math 2 (00SHM2)', 'Culinary Arts (710003)', 'Homework Lab (90HW00)', 'Shelt Math 2+ (0SHM2P)', 'Dance 1 (61CP14)', 'Jazz Band (610008)', and 'Shelt Wrld His (20CP13)'.



Course Selection Instructions

Alternate Course Requests

The screenshot displays a web interface for course selection. At the top, there are search filters for 'Name or Nbr' and 'Sbj Area' (set to 'Show All Courses'). Below this is a table of 'Primary Course Requests' with columns for 'Subject Area' and 'Alternate Requests'. The 'Subject Area' column lists various categories like English, Math, Physical Education, etc. The 'Alternate Requests' column shows course codes and a 'Manage' button. A modal window for 'Ethnic Studies (20CP25)' is open, showing details: 'Subject Area #1: Electives', 'Type: Academic Course', 'UC Area: Electives', and 'CSU Area: Electives'. At the bottom of the modal are 'Request Primary' and 'Request Alternate' buttons. In the main table, the 'Electives' row for 'Ethnic Studies (20CP25)' has a 'Manage' button circled in red, with a red arrow pointing to it from below.

Subject Area	Alternate Requests
English	English 2 (10CP02) Manage
Math	Math 2 (30CP31) (30CP31) Manage
Physical Education	P E -2 (800002) (800002)
Life Science	
Physical Science	Chemistry (50CP06)
Social Studies	World History (20CP01)
U.S. History	
U.S. Government	
Applied Arts	
Fine Arts	
Economics	
Electives	Ethnic Studies (20CP25) 1 Manage

Click "Manage" to associate primary and alternate choices



Course Selection Instructions

- Course requests will save automatically.
- Once the Aeries window closes you will not be able to edit choices.

The screenshot shows the Aeries course selection interface. It is divided into two main sections: 'Primary Course Requests' and 'Alternate Course Requests'.

Primary Course Requests:

Subject Area	Course Name	Course ID	Action
English	English 2	10CP02	Manage
Math	Math 2	30CP31	Manage
Physical Education	P E -2	800002	Manage
Life Science			
Physical Science	Chemistry	50CP06	Manage
Social Studies	World History	20CP01	Manage
U.S. History			
U.S. Government			
Applied Arts			
Fine Arts			
Economics			
Electives	Ethnic Studies	20CP25	Manage

Alternate Course Requests:

Course Name	Course ID	Action
Found Art 2D	600003	Manage

Additional interface elements include a 'Priority Sort' button, a search field for 'Name or Nbr:', and navigation buttons like '<< Prev 1 2 Next >>'.



Students

- ACADEMIC HONESTY
- ATHLETICS
- ATTENDANCE POLICY
- CHOOSING CLASSES**
- CLUBS
- CODE OF CONDUCT
- COMMONLY-USED FORMS
- COUNSELING DEPARTMENT
- COURSE PAGES
- DISCIPLINE
- FLEX
- LEADERSHIP
- LIBRARY
- MENTAL HEALTH
- P.E. UNIFORMS

How to Select Courses @ AHS

WHAT YOU NEED

- Your transcript. Use this to check that you are meeting all graduation requirements.
- Albany High School Course Catalog (below). Use this to learn about course options and to check prerequisites and learn what requirements each course meets.
- Albany High "A-G" List (below). Use this to check which courses meet college eligibility requirements.

GUIDELINES

- In order to plan the most meaningful program for next year, discuss your choices with your parents, teachers

AHS COURSE CATALOG

The Course Catalog contains descriptions of all courses offered at Albany High School as well as requirements and prerequisites. Students should refer to the Course Catalog when selecting courses for the following school year.

COURSE LISTS

These documents show every course (without descriptions) offered at each grade level. They are updated each spring for the following-year's schedule.

9th Grade 10th Grade

11th Grade 12th Grade

PROGRAM-SPECIFIC PRESENTATIONS



Albany High School course selection sheet for 2024-25
Courses open to NINTH-grade students

In addition to **English/ELD, P.E or Dance., Math,** and a semester each of **Identity Health and Society and Ethnic Studies,** students must select a minimum of two courses for a six period day. A seventh period is optional. It is extremely important to list alternates for each elective. If alternates are not listed and your first choice cannot be accommodated, your schedule may be incomplete. Please make your selections carefully. With few exceptions, changes will NOT be possible.

PLEASE NOTE THAT FIRST-CHOICE ELECTIVE CLASSES ARE NOT GUARANTEED

Required courses:

ENGLISH ▪ English 1	SOCIAL STUDIES ▪ Identity, Health and Society (IHS) / Ethnic Studies (1 semester each)	PHYSICAL EDUCATION ▪ PE 1 or Dance	MATH ▪ Math 1 ▪ Accelerated Math ½*
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Courses listed below are considered electives:

LIFE SCIENCE ▪ Biology	APPLIED ARTS ▪ Engineering & Design Principles 1 & 2 ** ▪ Computer Science ▪ Journalism	WORLD LANGUAGES ▪ French 1 ▪ French 2* ▪ Spanish 1 ▪ Spanish 2* ▪ Mandarin 1 ▪ Mandarin 2*	FINE ARTS ▪ Foundation Art: 2D ▪ Foundation Art: 3D ▪ Symphonic Band ▪ String Orchestra ▪ Basic Guitar ▪ Advanced Guitar* ▪ Tenor Bass Ensemble ▪ Treble Chamber Ensemble ▪ Dance 1 ▪ Dance 2*/ Adv. Dance 2* • Theater Study
GENERAL ELECTIVE ▪ AVID 9* ▪ Business Management ▪ Service* ▪ Homework Lab			

Courses marked with (*) require teacher recommendations. Semester-long courses with (**) can only be chosen as a 7th course option.

Math, World Language, and English Language Development (ELD) classes are determined by teacher recommendation.

Counseling Caseloads

Michelle Aselstine (A - Cho)

Becca Burns (Chr – Kn)

Tedra Grogans (Ko– Re)

M.E. Durell (Rh - Z)

Diane Peterson (MacGregor)

Ce Parrott – Office Secretary

We are excited to work with you and your students next year!

In the interest of providing the best possible support to our current students, we'll be working with AMS staff to make sure any questions get addressed through your child's current site.



*Opening Day
& Freshman Orientation*

**Week before school starts
(Friday, August 9th)**

Class Schedules Available

Purchase Yearbooks

PE uniforms

Campus Tours

First Day of School

Wednesday, August 14, 2024

Questions?

