Request for P.E. Exemption For Interscholastic Athletic Participation at Albany High School

 Name:
 Class of:

Albany High School students may have their P.E. 2 requirement for graduation exempted through participation in District interscholastic athletic programs. The one-year requirement will be exempted if the student participates in FOUR seasons of any combination of school athletics, beginning with sports in 10th grade. Because 9th grade students are required to enroll in P.E., only 10th-12th grade students are permitted to exempt P.E. by participating in athletics. Students may not "bank" credits for 9th grade athletic participation.

Ninth grade students earn ten (10) credits for their participation in P.E.1. One additional year of PE is required to meet graduation requirements. It is the student's responsibility to track his/her progress and to complete enough seasons of sports to waive the 2nd year Physical Education requirement.

The student who wishes to exempt his/her Physical Education requirement through participation in sports <u>will</u> <u>not</u> add credits to his/her academic record through athletic participation. Instead, a note will be made on the student's record that he/she participated in Athletics, and each season noted will exempt one fourth of the year-long requirement. The credits (5 for one semester or 10 for two semesters) of Physical Education will need to be earned through additional elective coursework. If a student opts for a Physical Education exemption for athletics in lieu of taking P.E. 2 in 10th grade, they MUST participate fully in a minimum of three seasons of Albany High sports during 10th and 11th grades. Only one season can remain to be completed in the senior year. If the student has more than one season of athletics left to complete at the end of 11th grade, he/she will be scheduled for a Physical Education class in 12th grade.

Please note: if the student has one season of a sport remaining to complete after 1st semester of senior year (i.e., plans to participate in a winter or spring sport during senior year), he/she risks not meeting graduation requirements should anything happen so that he/she is unable to complete that athletic season.

Students must participate in an AHS sponsored sport and may not have more than FIVE ABSENCES from practice to qualify for a Physical Education athletic exemption. In order to be eligible for this Physical Education exemption, the student must have a minimum of a 2.0 GPA during the previous grading period.

Note: IF you plan to drop PE in the middle of the school year you MUST complete an add/drop form during the petition period.

Students only need to turn in one signed P.E Exemption form during high school. Form must be turned in to the student's counselor.

Please list the AHS sports in which you plan to participate:	Planned Sport	Grade Level (circle)
1)	10 11 12
2)	10 11 12
	(optional)	